

Pain Management Program for Chronic Pain Patients

The Hong Kong Pain Society Annual Scientific Meeting 2017

Annual Scientific Meeting on **30 September 2017**

Venue: Ballrooms, 3/F, Sheraton Hong Kong Hotel and Towers

08:30-08:45	Registration	
08:45-10:15	Plenary Session 1 <ul style="list-style-type: none"> ◆ Overview: Pain Program "INPUT" in UK (<i>Prof. Lance MCCracken</i>) ◆ Patient Journey in UK (<i>Mrs. Karen SANDERSON</i>) ◆ Functional Performance Assessment (<i>Ms. Clair JACOBS</i>) 	
10:15-10:20	Q and A	
10:20-10:40	Coffee Tea Break	
10:40-11:50	Concurrent Session 1: Assessment <ul style="list-style-type: none"> ◆ Pain Program in HK (<i>Dr. Anthony NJO</i>) ◆ Nursing Role in Pain Program (<i>Mrs. Karen SANDERSON</i>) 	Concurrent Session 2: Chronic Low Back Pain <ul style="list-style-type: none"> ◆ Service Model for Managing Chronic Low Back Pain in HK (<i>Dr. Sheung-wai LAW</i>) ◆ Chronic Low Back Pain: Physiotherapist Perspective (<i>Ms. Clair JACOBS</i>)
11:50-12:00	Q and A	Q and A
12:00-13:00	Lunch / Annual General Meeting of HKPS (12:00 – 12:30)	
13:00-14:00	Plenary Session 2 <ul style="list-style-type: none"> ◆ New Coping Strategies: Clinical Psychology perspectives (<i>Prof. Lance MCCracken</i>) ◆ Pain Management: Outcome Measures (<i>Prof. Lance MCCracken</i>) 	
14:00-14:10	Q and A	
14:10-15:10	Concurrent Session 3: Rehabilitation <ul style="list-style-type: none"> ◆ Drug Titration (<i>Dr. Sandy LEE</i>) ◆ Difficult Case Discussion (<i>Ms. Karen SANDERSON</i>) 	Concurrent Session 4: Cancer Pain <ul style="list-style-type: none"> ◆ Holistic Approach for Cancer Pain (<i>Dr. Macy TONG</i>) ◆ Occupational Therapy for Post-surgical Breast Cancer Patients (<i>Ms. Sally Kwok-ying LIU</i>)
15:10-15:20	Q and A	Q and A
15:20-15:45	Coffee Tea Break	
15:45-16:45	Concurrent Session 5: Rehabilitation <ul style="list-style-type: none"> ◆ Physiotherapy (<i>Ms. Clair JACOBS</i>) ◆ Occupational Therapy (<i>Ms. Barbara CHAN</i>) 	Concurrent Session 6: Chronic Non-cancer Pain <ul style="list-style-type: none"> ◆ Mood Management (<i>Dr. Greg Kai-lok MAK</i>) ◆ Opioid for Non-cancer Pain (<i>Dr. Sunny LEE</i>)
16:45-16:55	Q and A	Q and A
16:55-17:00	Closing	

* Programme is subject to change without prior notice.

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Workshops on 1 October 2017

Venue: Seminar rooms, Block M, Queen Elizabeth Hospital

08:30-09:00	Registration	
09:00-12:30	Workshop A Psychological Approach <i>(Prof. Lance MCCRACKEN)</i> <ul style="list-style-type: none"> ◆ Case Discussion ◆ Practical Training 	Workshop B Physiotherapy and Pain Nurse Approach <i>(Ms. Clair JACOBS and Mrs. Karen SANDERSON)</i> <ul style="list-style-type: none"> ◆ Case Discussion ◆ Functional Assessment ◆ Pacing ◆ Counseling

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Speakers from INPUT Pain Management Centre,
Guy's & St Thomas' Hospital, London

Professor Lance M. McCracken, Consultant Clinical Psychologist

Ms. Karen Sanderson, Advanced Nurse Practitioner, Lead Nurse INPUT

Ms. Clair Jacobs, Highly Specialist Physiotherapist, Lead Physiotherapist INPUT

CME, CPD and CNE points are available for local participants.

Please visit the website for
more information.

www.hkpainsociety.org



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(as of July 2017)